



# MONTHLY COMMUNITY DRUM CIRCLES

all ages and abilities welcome!



Join us for an afternoon of self-expression, community, learning and playing! (All ages and abilities are welcome). No previous drumming experience is necessary.

Some drums are provided, or bring your own!

- Rhythm-based warm-ups through movement & music
  - Basic overview of hand-drumming technique
    - Facilitated Drum Circle
    - A great rhythmic jam!



**\$10/ person / workshop**

**\$8/ person/ workshop for each additional family member OR friend**

Caregivers/ Support workers will be free of charge • (HST is included all fees above)

**(PRE-REGISTRATION IS RECOMMENDED and DROP-INS ARE WELCOME!)**



Drums and  
Percussion for sale by  
Shaw Percussion



Rhythmic by Nature  
[www.rhythmicbynature.com](http://www.rhythmicbynature.com)



## WORKSHOP DATES

(Register for one workshop or more!)

1. Sunday, February 5, 2012 — (2-4pm)
2. Sunday, March 4, 2012 — (2-4pm)
3. Sunday, April 1, 2012 — (2-4pm)
4. Sunday, May 6, 2012 — (2-4pm)

**LOCATION:** All workshops will be held at the  
De La Salle Chapel  
(1940 Metro Rd. Jackson's Point)

To register for one or more of these programs, or if you require additional information, please call;  
the Recreation, Parks & Culture Department at 905-476-4305 ext. 240/ 354